



FOUNDATION PACKAGE

£250*

*Price per person. Minimum 3 people per session.

BASELINE REVIEW COVERING FTP, LACTATE, CDA & BIOMECHANICS

- Full biomechanic position make over in our studio.
- Identify areas of most potential and how to utilise your training to take your race performance to the next level.
- Confirm Power Meter calibration and establish static versus moving training zone differential.
- Report will outline training zones and explain FTP and periodisation and provide a rough guide for future training.
- This is a great platform to embark on a new season development program.



DRAG2ZERO STUDIO PACKAGES



STUDIO AEROFIT

£350

A FULL BIKE AEROFIT USING D2Z AEROTOOLS AND RETÜL

- Full aerodynamic position make over in our studio using D2Z aero analysis software, Retül and Dartfish.
- Advice on how your bike should be set up to be ridden in a sustainable position for power production and a good CdA.
- Session includes report with recommendations and changes made to the bike (ski poles, etc) to make the bike fit the rider.



MECHANIC SERVICE

Clients coming for aerofits or windtunnel tests can pre book a slot for any new parts to be fitted to their bike and then they can either collect it or we can arrange to send it back on a next day courier.



BLOOD LACTATE TESTING

Lactate only testing is also available with Aerofit and Wind Tunnel bookings. Please contact us for price.



MULTI SESSION DISCOUNT

£50 OFF AEROFIT session and £100 OFF WIND TUNNEL session for clients who attend a full price Foundation Session.



WIND TUNNEL

£850

WIND TUNNEL SESSIONS AT SILVERSTONE SPORTS ENGINEERING HUB

